



Healthy Snacking

Lots of things need **fuel** to run.

Cars use gasoline. Airplanes use jet **fuel**.

Even your **body** uses food as **fuel**.

Find some words in this puzzle that provide good **fuel** for your body.



B	B	G	R	A	P	E	S	B	X
P	R	E	G	R	U	B	M	A	H
R	E	O	Z	L	V	T	J	N	S
F	A	E	C	O	A	T	S	A	P
B	D	R	I	C	E	C	O	N	I
D	E	K	S	H	O	V	E	A	N
Q	W	A	R	E	F	L	U	K	A
I	B	Y	N	E	K	C	I	H	C
M	E	G	G	S	U	N	I	O	H
A	P	P	L	E	D	P	E	M	C

- cheese
- broccoli
- spinach
- pasta
- bread
- apple
- hamburger
- chicken
- banana
- beans
- eggs
- grapes

